

February
2021



Your Health Matters

Westfield Regional Health Department

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Marijuana use is going up. At the same time, the perception of how harmful marijuana use can be is declining. Also, young people today do not consider marijuana use a risky behavior. [Click here](#) to learn about the risks of marijuana.

Learn About

Marijuana Risks



COVID-19 Vaccine

Registration

You can reserve your spot to get a vaccine now by pre-registering [here](#).



February is American Heart Month

Celebrate American Heart Month by adopting healthy lifestyles to prevent heart disease. People with poor cardiovascular health are at increased risk of severe illness from COVID-19. Focusing on your heart health has never been more important. [Click here](#) to learn more.

